

Expert care for women and families at every stage



[Company] provides access to Progyny, a comprehensive family building and women's health benefit, available to you and/or your eligible [spouse/domestic partner].

This Women's Health Month, explore how Progyny's personalized care can support anyone thinking about fertility and family building, [and pregnancy and postpartum, and parenting].

[Claim Your Benefit](#)

You're receiving this email because you or your dependent may be eligible for the Progyny benefit through your organization. Please know this message is intended to share available resources, and we recognize that these topics can be personal. If these services do not apply to you at this time, please disregard, or share as applicable.

Get the expert care you deserve.



Trying-to-Conceive Support

Get resources and guidance for trying-to-conceive including ovulation tracking, nutrition, mental health, and more.



Coverage for Fertility Treatment

Access fertility care (e.g., IUI, IVF, and more) from top specialists.



Pregnancy and Postpartum Coaching from Nurses [and Doulas]

Get 1:1 support for pregnancy & your first year postpartum, plus get a cozy pregnancy/postpartum care package.*



[Support from Parenting Experts]

Connect with experts trained in social work & child development for support raising children up to age 12.



[Leave and Benefit Navigation]

Receive assistance with navigating your leave benefits and accessing employer resources.

Is there a cost?

There is no cost to you to access Progyny Care Advocate (PCA) support and digital resources. If you see an physician in Progyny's network or receive treatment, you will have financial responsibility according to your plan (e.g., copays, deductibles).

[Claim Your Benefit](#)

*Pregnancy/postpartum care packages are only available as part of the Pregnancy and Postpartum program

Want to learn more? Visit our benefits site
Questions? Give us a call at 888.888.8888

Our PCAs are available Monday - Friday, 9:00am - 9:00pm EST



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