



Menopause 101 Webinar:

Your Guide to Perimenopause

Perimenopause can begin as early as a woman's late 30s and can bring many disruptive symptoms. Join Progyny alongside a menopause specialist to learn about one of the biggest misconceptions of menopause: when it actually starts. Learn the signs of perimenopause, common symptoms, and available treatment options.

Join this session with a menopause specialist to learn about:

- Perimenopause: when it begins & the associated symptoms
- How hormonal shifts can impact physical, mental, & emotional well-being
- Hormonal, non-hormonal, and lifestyle treatment options
- Available care through Progyny to help you find relief
- Answers to your top questions with a live Q&A

Learn how your Progyny benefit can connect you to the personalized support and care you deserve.

Thursday, March 19 | 3:00 pm ET

REGISTER TODAY



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register



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your benefit before the webinar?
Call Progyny at 888.597.5065.**

To access the Progyny benefit, you must be enrolled in an eligible plan through your organization.